

Philosophy

The Stafford Family Resource Center believes that parents are the foundation of a child's development. The Stafford FRC works to support families by providing accessibility to community-based resources as well as parenting education programs. We believe that through partnering with families, community agencies and the public school system, we can create positive health and developmental outcomes for children.



"All kids need a little help, a little hope and somebody who believes in them" ~Irving "Magic" Johnson

The Stafford Family Resource Center and FRC Childcare Program are located at:

**West Stafford School
153 West Stafford Road
Stafford Springs, CT. 06076**

**School Phone # 860-684-3181
FRC Phone # 860-684-6927**



The Stafford Public Schools do not discriminate in educational programs, activities, or employment practices on the basis of race, language, sex, age color, national origin, religion, marital status, pregnancy, sexual orientation, or disability under the provisions of Title IX of the 1972 Educational Amendments: Section 5004 of the Rehabilitation Act of 1973.



Afterschool Childcare

Weekly Learn & Play Groups

Parenting Support/Education

Home Visits

Family Engagement Activities

Developmental Screenings

Community Outreach

Referrals and Information

West Stafford School
153 West Stafford Road
Stafford Springs, CT. 06076
School Phone # 860-684-3181
FRC Phone # 860-684-6927

Principal: Anna Gagnon
FRC Leader: Joann Moriarty

The Stafford Family Resource Center is funded by a grant from the CT State Department of Education.

All Stafford families with children ages **birth to five** are eligible to receive our services and participate in our programs.

~ The FRC does **not** have income eligibility requirements ~



The Stafford FRC works in collaboration with the **Stafford Early Head Start** which is also located at West Stafford School. Early Head Start serves families with children ages **birth to three** and provides home visits, play groups and family engagement activities.

~ Early Head Start **does** have income eligibility requirements ~

For more information on Early Head Start call 860-684-3181

Parenting Education & Support

Parents As Teachers (PAT) is a nationally accredited parent education curriculum based on the concept that parents are a child's first and most important teacher. Stafford FRC Home Visitors are certified in PAT. This curriculum is used during home visits and also during family connection times.

Parenting Workshops

Throughout the year we offer parenting workshops on a variety of topics such as Positive Discipline Techniques, Autism Spectrum Information and Support, ADD/ADHD Information and Support, and more!

FRC Learn & Play Groups for ages 0-5

Groups are designed to encourage social and emotional learning while providing opportunities for parents/caregivers to interact with their children in a fun and developmentally enriching environment.

FRC Afterschool Childcare Program

The Stafford FRC provides a NAEYC accredited quality childcare program from 11:00AM to 5:30 PM, during the school year, for West Stafford students enrolled in AM Prekindergarten.

*Cost is \$100 per week.

We also provide afterschool childcare from 2:45 PM until 5:30 PM, during the school year, for West Stafford **AND** Staffordville students enrolled in PM Prekindergarten, Kindergarten and First Grade.

*Cost is \$75 per week.



The FRC Afterschool Childcare Program is located at West Stafford School and is closed when there is no school.